



Ashtabula County One Life Community Run/Walk

Saturday, September 12, 2026

Registration: 7:45a.m.

Race Time: 9:00a.m.

5K run and 1 mile walk on the **Western Reserve Greenway Trail**. Race and walk will begin and end at the **Lampson Road Staging Area (2540 Lampson Road, Austinburg, OH 44010)**.

Registration Fees: \$20 pre-registration fee for either the 1-mile walk and 5K run. Race day registration is \$20 for either the 1-mile walk and 5K run.

Race t-shirt guaranteed for first 75 people registered. All participants must register.

Awards: Awards for 5K run will be given to the Top Female & Top Male Overall, and the Top three in each age group: 14 under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 up.

Sponsors: 2025 Sponsors were: Ashtabula County Mental Health and Recovery Services Board, the Ashtabula County Suicide Prevention Coalition, Community Counseling Center, Lake Area Recovery Center, The King Bear Foundation, and previous years have included many other local donors (Complete Sponsor list will be available day of race).

Contact Information: Bridget Sherman (440) 992-3121 or bsherman@ashtabulamhrs.org

Ashtabula Distance Runner Club: Information and results at www.ashtabuladistance.runners.org

Ashtabula County One Life Community Run / Walk **Sept. 12, 2026**

Event: 5K run ___ 1 mile walk_____

Make Checks Payable to: **Ashtabula County MHRs Board**

Mail to: 4717 Main Avenue, Suite 3, Ashtabula Ohio, 44004

Name: _____ Gender:_____ Age: ___ T-shirt Size:_____

Address: _____ City:_____ St:_____ Zip: _____

Phone #: _____ Email: _____

Walking to honor someone: (Please Circle) Yes No

Name of Honoree (optional): _____

I accept that I will compete in this event at my own risk, and I hereby waive and release the event, Austinburg Township, Stasny Road Racing, LLC, and all sponsors, contributors, supporters, and officials associated with the event from all rights and claims for any accident, injury, or loss suffered as a consequence of my participation. By signing this waiver, you are giving permission for Stasny Road Racing, LLC permission to publish video and photos online and on social media. The race fee is not refundable, and bib swapping is not permitted.

Date: _____ Signature: _____

(Must be signed by parent if under 18)